

**FOOD ITEMS**

- 1 x Energy bar, 40 g
- 1 x Fruit mix, 20 g
- 1 x Leeks and potato soup, 100 ml
- 1 x Natural nuts cocktail, 50 g
- 1 x Salty biscuits, 125 g
- 1 x Chocolate, 25 g
- 2 x Chewing gum, 2.2 g
- 1 x Protein shake, 20 g
- 1 x Cereal bar, 40 g
- 1 x Isotonic drink, 20 g
- 2 x Salt, 1 g
- 2 x Black pepper, 0.2 g

NON FOOD ITEMS

- 1 x Tissues
- 1 x Set of cutlery
- 2 x Antiseptic wipes
- 2 x Flameless heater
- 1 x Bag for hot water
- 4 x Water purification tablets

humilaid ::

HUMANITARIAN RATION HMA.24H RATION 1 PERSON

humilaid :: PROVIDES FOOD RATIONS, DEVELOPED TO SATISFY ALL NATURAL HUMAN NEEDS FOR NUTRITION, HYGIENE AND SECURITY. EVERYTHING DESIGNED TO FACILITATE YOUR CONDUCT BY BEING LIGHT, COMPRESSED AND SAFELY PROTECTED FOR DEMANDS OF LONG STORAGE IN ELEVATED TEMPERATURES.

PROFESSIONAL DEVELOPMENT . FULL CUSTOMIZATION . LARGE DIETARY VARIETY

HMA.24H RATION is designed to provide an immediate solution in emergency situations or where the food supply is complex.





TESTED AND CERTIFIED

Designed to provide an immediate solution in emergency situations or where the food supply is complex. **The absolute priority is high quality and food security.**



Includes all the elements necessary to meet the energy needs of a day, as well as complements for consumption. This ration pack meets the nutritional requirements established by NATO for individual operational rations for military use.

NUTRITION DECLARATION

	MENU 1	MENU 2	MENU 3	MENU 4
ENERGY	15.386 kJ / 3668 kcal	15.269 kJ / 3641 kcal	15.210 kJ / 3635 kcal	15.523 kJ / 3704 kcal
FAT	131 g	130 g	131 g	132 g
of which saturates	37 g	41 g	38 g	36 g
CARBOHYDRATE	482 g	475 g	481 g	505 g
of which saturates	183 g	177 g	180 g	187 g
FIBRE	33 g	27 g	34 g	32 g
PROTEIN	123 g	127 g	122 g	105 g
SALT	26.6 g	26.8 g	25.7 g	26.4 g

FOOD COMPOSITION

MENU 1		MENU 2		MENU 3		MENU 4	
BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST	
1 x Instant coffee	2 g	1 x Instant coffee	2 g	1 x Instant coffee	2 g	1 x Instant coffee	2 g
1 x Sugar	5 g	1 x Sugar	5 g	1 x Sugar	5 g	1 x Sugar	5 g
1 x Sweet biscuits	125 g	1 x Sweet biscuits	125 g	1 x Sweet biscuits	125 g	1 x Sweet biscuits	125 g
1 x Fruit jam	25 g	1 x Fruit jam	25 g	1 x Fruit jam	25 g	1 x Fruit jam	25 g
LUNCH		LUNCH		LUNCH		LUNCH	
1 x Meatballs with pasta	350 g	1 x Pasta with chicken bolognese	350 g	1 x Lamb stew with pasta	350 g	1 x Veggie balls with pasta	350 g
1 x Fruit cream	50 g	1 x Fruit cream	50 g	1 x Fruit cream	50 g	1 x Nougat with peanuts and honey	25 g
DINNER		DINNER		DINNER		DINNER	
1 x Chicken with beans and vegetables	350 g	1 x Beef stew with vegetables	350 g	1 x Chicken paella	350 g	1 x Chicken with beans and vegetables	350 g
1 x Canned tuna	77 g	1 x Canned tuna	77 g	1 x Canned tuna	77 g		
1 x Cake	85 g	1 x Cake	85 g	1 x Cake	85 g	1 x Cake	85 g

PRESENTATION:

RATION: Plastic bag containing all items.
FEATURES: 100% recyclable low density polyethylene bag suitable for food use.
DIMENSIONS: 260 x 450 mm gauge 500

PACKING: Prismatic cardboard box.
FEATURES: Type 0201 of the International Box Code in cardboard (FEFCO - ASSCO).
DIMENSIONS ext.: 590 x 390 x 280 mm

LOGISTIC INFORMATION:

Carton dimensions: 59 x 39 x 28 cm
Gross weight unit: 1.7 kg
Unit / carton: 10 pcs.
Net box weight: 17 kg
Cartons / Pallet: 20 pcs.
Pallet dimensions: 120 x 80 x 155 cm
Net pallet weight: 355 kg